

FOOD BANK

LA Cares food bank distributes to residents of Los Alamos County at no cost. Among the items usually available:

- Canned goods
- Fresh produce
- Baked goods
- Paper products
- Personal Items

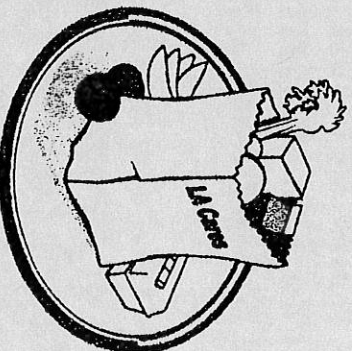
LA Cares food distribution is on the second Friday of every month, and the Thursday evening before, at Bethlehem Lutheran Church, 2390 North Road.

To register, please call *LA Cares* at 661-8015 at least one week prior to the distribution.

Emergency food boxes are also available as needed.

USDA is an equal opportunity provider and employer. USDA es un proveedor de igualdad de oportunidades y empleador.

LA Cares



**PO Box 248
Los Alamos, NM 87544
505-661-8015**

**LA Cares is a non-profit
501(c)(3) tax exempt
corporation**

MISSION

LA Cares is an independent 100% volunteer-based organization, supported solely through donations

LA Cares serves any needy person or family living in Los Alamos County. Typical services offered are:

- **Food Boxes**
- **Emergency assistance with rent and utilities once in 12 months' time**
- **Referrals to other agencies**
- **Networking with other service providers to better meet client needs**

VOLUNTEERS

Volunteers are welcome:

- **Help pack food boxes on the day before the 2nd Friday distribution**
- **Deliver food boxes to clients on the 2nd Friday**
- **Be there to help at distribution**
- **Assist with sorting, packing, and/or moving food received from major food collections on a one-time basis**
- **Serve on the Board of Directors, becoming involved in all aspects of the organization**

Call 661-8015 to help

DONATIONS

- **Non-perishable canned goods**
- **personal care products**
- **Paper goods**
- **Cleaning supplies**

May be dropped off at:

- **Aquatic Center**
- **Self-Help Office, Bethlehem Lutheran Church**

or call 661-8015 for pick-up

Monetary Donations are always appreciated. Mail checks to:

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